

06 FITNESS CHALLENGE

LW=Lifted Weight	Rep=Number	BP=Bench Press	LP=Leg Press	AC=Arm Curl	SU=Sit Up	PU=Push Up	Time=Mile
		BP (LW/Rep)	LP (LW/Rep)	AC (LW/Rep)	SU	PU	Time
50-54							
M							
Gold	Fontenot, Dwayne	185/10	320/15	85/10	45	Pass	10:10
Gold	Reinecke, Thomas	135/0	240/15	60/7	41	32	8:22
55-59							
F							
Gold	LaCour, Etha	55/10	165/15	40/10	35	45	10:44
60-64							
M							
Gold	Robertson, Bruce	150/0	270/15	65/10	41	40	11:39
Gold	Gipson, Butch	165/10	305/15	75/10	45	40	12:01
70-74							
F							
Gold	Bordelon, Bernice	50/10	160/15	30/10	30	20	15:36
M							
Gold	Parro, A.J.	120/10	240/15	60/10	35	31	13:56
75-79							
M							
Bronze	Gillio, Cliff	125/0	265/15	55/2	20	0	0