

REGISTRATION FORM: RETURN THIS SECTION with CHECK or MONEY ORDER for fees to:

LSOG P.O. BOX 14748 BATON ROUGE, LA 70898-4748

*****IF YOU REGISTER ONLINE YOU DO NOT NEED TO RETURN THIS FORM*****

IF LABEL BELOW IS CORRECT

GO TO PARTICIPANT WAIVER

PRINT CORRECTIONS OR NEW INFORMATION ONLY

Last Name _____ First Name _____ Birth Date _____

Address _____ City _____ State _____ Zip _____

Home Phone (_____) _____ Work Phone (_____) _____ Cell (_____) _____

Email _____

PARTICIPANT WAIVER & MODEL RELEASE

SIGN BELOW

In consideration of being allowed to participate in any way in the Louisiana Senior Olympic Games program, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. The risk of injury from the activities involved in these programs is significant, including the potential for permanent disability and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury to me does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If I observe any unusual significant concern in my readiness for participation and/or in the program itself, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
4. I, for myself and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY RELEASE the Louisiana Senior Olympic Games Inc, its officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of the premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property incident to my involvement or participation these programs, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.
5. I, for myself and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY INDEMNIFY AND HOLD HARMLESS all the above Releasees from any and all liabilities incident to my involvement or participation in these programs, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law.

I, the undersigned participant, grant to the Louisiana Senior Olympic Games, Inc. the right to use any pictures taken of me during the Louisiana Senior Olympic Games without my remuneration and in any medium the photographer/staff sees fit for art, advertisement, exhibition, editorial, or any purpose whatsoever.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT INDUCEMENT.

SIGNATURE _____ **PRINTED** _____ date _____

EMERGENCY CONTACT NAME _____ phone (_____) _____

CIRCLE EVENTS IN WHICH YOU WILL PARTICIPATE & NAME PARTNER or TEAM

ARCHERY Recurve Compound Fingers Compound Release
Barebow Compound Barebow Recurve

BADMINTON Singles
Doubles partner _____
Mixed partner _____

BASKETBALL team _____

BILLIARDS

BOWLING Doubles partner _____
Mixed partner _____
(see qualifying events below for Bowling Singles)

CYCLING
Time trials 5k 10k Road race 20k 40k

FIELD HighJump LongJump TripleJump Pole Vault
(see qualifying events below for discus, javelin, shot, weight, hammer)

FITNESS CHALLENGE

GOLF Practice Round (Day 1) Anyone can play;
Medal Play (Day 2) (please see qualification status below.)

HORSESHOES Recreational
(see qualifying events below for Advanced Horseshoes)

OLYMPIC LIFTS

PICKLEBALL Singles
Doubles partner _____
Mixed partner _____

POWER LIFTS Squat Bench Press Dead Lift

RACQUETBALL Singles Doubles _____

ROAD RACE 5k Race Walk (Register with Alzheimer's Services of Greater Baton Rouge at www.BRhope.com)
5k Run (to be held in conjunction with the Twilight Classic 5k.)

SHOOTING Rifle Pistol

SHUFFLEBOARD Recreational Singles
(see qualifying events for Singles Adv & doubles)

SWIMMING (maximum 6 events) list most recent time
Back Stroke 50y _____ 100y _____ 200y _____
Butterfly 50y _____ 100y _____
Free Style 50y _____ 100y _____ 200y _____ 500y _____
Breast Stroke 50y _____ 100y _____ 200y _____ IM 200y _____

TABLE TENNIS Doubles partner _____
Mixed partner _____
(see qualifying events below for singles)

TENNIS (maximum 2 events) Singles
Doubles partner _____
Mixed partner _____

THROWS Basketball Free Throw Softball Distance
Accuracy: Football Frisbee Softball

TRACK 50m 100m 200m 400m 800m
1500m run 1500m Race Walk

VOLLEYBALL team name _____ (no mixed this year)

WALKATHON 1 mile rec walk (Race Walk entries not eligible)

WASHER PITCH

QUALIFYING EVENTS BELOW restricted to athletes that qualified at a 2010 District Games, won a Gold Medal in these events at the 2009 State Games and/or are athletes that are 80+ by Dec 31, 2010.
SEE BELOW for events in which you are qualified.

MAKE CHECK PAYABLE TO LSOG
MAIL TO: LSOG
P.O. BOX 14748
DO NOT STAPLE Baton Rouge, LA 70898

Circle the events below in which you will participate. YOU MUST HAVE QUALIFIED IN A DISTRICT (please see above)

BOWLING SINGLES **TABLE TENNIS SINGLES**
GOLF MEDAL (all ages must have met MPS at District; please see above for events you are qualified.)
HORSESHOES ADVANCED
SHUFFLEBOARD advanced
SHUFFLEBOARD doubles _____
DISCUS JAVELIN SHOTPUT WEIGHT HAMMER
DANCE TEAM _____

BASIC ENTRY FEE for NON-MEMBERS \$ 35 ____ (for 3 sports) or
BASIC ENTRY FEE for LSOG members \$ 20 ____ (for 3 sports)
Additional Fees:
1. Archery. \$10 ____
2. Basketball 3on3 . . . \$12 ____
3. Bowling Singles \$10 ____ Doubles \$10 ____ Mixed \$10 ____
4. Cycling. \$ 10 ____
5. Golf Practice Round (Day 1) \$50 ____ Medal Play (Day 2) \$50 ____
6. Swimming. \$5 ____
7. Tennis. \$10 ____
8. Volleyball. \$12 ____
9. Did you register for more than 3 sports? \$5 for each additional sport. \$5.00 x ____ (additional sports)
10. Celebration of Athletes Dinner:
Athlete \$5 ____ Guest \$8 per guest ____
11. Souvenir T-shirt: S(\$7) ____ M(\$7) ____ L(\$7) ____
XL(\$7) ____ XXL(\$10) ____ XXXL(\$10) ____
12. Donation (tax deductible). \$ ____
TOTAL ENCLOSED \$ ____