



**Number 11, November 10, 2005**

**To: Members, Friends and Supporters of the Louisiana Senior Olympic Games (LSOG)**  
**From: Mark Rayner – LSOG Executive Director**

### **Calling All Volunteers**

LSOG member, **Matt Thomas**, who we featured recently in the Field Post, is looking for up to **500 volunteers** to help clean up the **Desire Street Ministries and Academy**. The facility located in the 9<sup>th</sup> Ward of New Orleans was flooded and heavily damaged by Hurricane Katrina.

Matt is assembling work teams to go in and handle various clean-up projects. There is a lot of flexibility in the schedule with available days and work hours. You will be supplied safety equipment and masks for your protection. They are also looking for people who have access to pressure washers, small sledge hammers, flat shovels and wheel barrels.

The next two work days are scheduled **Sunday, Nov. 13** and **Saturday, Nov. 19**. For more information about the project, please contact Matt Parry at **225-346-0220** or **225-773-8038**. Matt can be contacted by email: [ParryMattT@aol.com](mailto:ParryMattT@aol.com)

### **Back in the U.S.A.**

**Sandra Matthieu** is back home in Lafayette after competing in two international badminton tournaments in China. Besides having a great trip, she and her doubles partner, **Connie Lee**, of Portland, OR, won **two silver medals!**

While competing in the National Games this year in Pittsburgh, Sandra was recruited to participate on the **Victor USA** team, sponsored by **Victor Sportswear**. Sandra and Connie first competed Oct. 29-31 in Shanghai, China with more than 1,500 competitors in the **Chinese Champion Cup 2005**. They moved on to Hangzhou, China and received their second silver medal, Nov. 2, in the **Hangzhou International Badminton Tournament**. Congratulations to Sandra and Connie. "It's never too late to harvest one's dreams," said Sandra.

### **Upcoming Events**

#### **District Games**

We're beginning to receive dates from **District Coordinators** for their **2006 District Games**. Check our web site often for updates to the districts schedules and start planning your schedules to attend them all! <http://www.lsoq.net/District%20Games.htm>

**2006 Mardi Gras Mambo 10K - Feb. 18, 2006**

The event is organized by the **Baton Rouge Area Sports Foundation (BRASF)** and the **LSOG** will again be partnering with the event. This will be the 2006 State Games qualifying event for the 2007 National Games. We'll keep you posted as details and applications become available.

**2006 Red Stick Classic**

The **LSOG's Red Stick Classic** softball tournament will be held **April 28-30 in Baton Rouge**. This is a **Softball Players Association sanctioned tournament** and will be held at **BREC's Baton Rouge Oak Villa Softball Complex**. Get your team together and join the fun!

Photos from last year's tournament are on the **LSOG web site**:

<http://www.lsoq.net/LSOG%20RSC/index.htm>

For more information about the **Softball Players Association**, visit their web site:

<http://www.softballplayersassoc.com/SPA.nsf/?Open>

**Stay Active and Healthy!**

Mark Rayner  
Executive Director  
Louisiana Senior Olympic Games  
<http://www.LSOG.net>  
800-799-8309

-----  
Persons can subscribe to this list by sending an e-mail to [majordomo@lsoq.net](mailto:majordomo@lsoq.net) with the following command in the body of an email message: **subscribe lsoq-membership**

-----  
You can remove your e-mail from this mailing list by sending an e-mail to [majordomo@lsoq.net](mailto:majordomo@lsoq.net) with the following command in the body of an email message:

**unsubscribe lsoq-membership**

-----