



Field★Post

LOUISIANA SENIOR OLYMPIC GAMES

Number 12, November 22, 2006

To: Members, Friends and Supporters of the Louisiana Senior Olympic Games (LSOG)
From: Mark Rayner – LSOG Executive Director

Happy Thanksgiving!

2005 was a very challenging year in many respects most of us never dreamed would happen. While many people are still searching for answers to rebuild homes, lives and careers, this Thanksgiving will not be the same for them as it was in the past. Every family will have different reasons to be thankful. I think there is a common denominator in all of us regarding Thanksgiving. It's called hope. Hope is the fire that keeps you moving forward in life. This Thanksgiving may we all look forward to the future with abundant hope for everyone!

Upcoming Events

2006 Mardi Gras Mambo 10K Run - Feb. 18, 2006

The event is organized by the **Baton Rouge Area Sports Foundation (BRASF)** and the **LSOG** will again be partnering with the event. This will be the 2006 State Games qualifying event for the 2007 National Games. There will be a slight change to the course in the final mile that should be very appealing to all runners. We'll keep you posted as applications and more details become available.

District Games

We're updating our web site as we receive dates and events being scheduled by our **District Coordinators**. Check our site often for updates to the schedules and start planning your schedules to attend them all <http://www.lsog.net/District%20Games.htm>

2006 Red Stick Classic

The **LSOG's Red Stick Classic** softball tournament will be held **April 28-30 in Baton Rouge**. This is a **Softball Players Association sanctioned tournament** and will be held at **BREC's Baton Rouge Oak Villa Softball Complex**. Get your team together and join the fun!

Photos from last year's tournament are on the **LSOG web site**:

<http://www.lsog.net/LSOG%20RSC/index.htm>

For more information about the **Softball Players Association**, visit their web site:

<http://www.softballplayersassoc.com/SPA.nsf/?Open>

Stay Active and Healthy!

Mark Rayner, Executive Director, Toll Free: 1-800-799-8309
Louisiana Senior Olympic Games <http://www.LSOG.net>

Persons can subscribe to this list by sending an e-mail to majordomo@lsog.net with the following command in the body of an email message: **subscribe Isog-membership**

You can remove your e-mail from this mailing list by sending an e-mail to majordomo@lsog.net with the following command in the body of an email message: **unsubscribe Isog-membership**