

Field Post Number 5 – September 29, 2005

To: Members, Friends and Supporters of the Louisiana Senior Olympic Games (LSOG)

From: Mark Rayner – LSOG Executive Director

It's been more than four weeks since **Hurricane Katrina** hit Louisiana and surrounding states. And just when it looked like the rebuilding process was beginning, Louisiana was dealt a knockout punch last week by **Hurricane Rita!**

THE KATRINA STORIES

We continue to hear from displaced **LSOG** members across the country. Some have sent personal recollections and notes about the storm that we call the **Katrina Stories** on our web site. You can read the **Katrina Stories** from this link: <http://www.lisog.net/Katrina%20Stories.htm>

SENIOR OLYMPIC GAMES LINKS

Our web site now includes links to other **Senior Olympic Games** web sites. Check out the sites to learn more about what other states are doing with their Senior Games: <http://www.lisog.net/Links.htm>

There's also a very good link, at the bottom of our links page, that might interest you. **MSNBC Newsweek Online** produced a good article about **Senior Olympics** and features comments by **Phil Godfrey of the NSGA** headquarters here in Baton Rouge. <http://www.msnbc.msn.com/id/9315487/site/newsweek>

Now that there are many new Hurricane Rita evacuees, we'd like to share the hurricane links from our web site that might be useful to people seeking shelter and assistance. The links are also helpful for people wanting to donate money or volunteer their time for hurricane relief efforts. You can find those links here: <http://www.lisog.net/Hurricane%20Relief%20Links.htm>

FEMA ASSISTANCE

There's been a lot of discussion about types of assistance that can and cannot be provided by **FEMA**. We took a look at the **FEMA** web site and will share the following links that might help you. Please keep in mind these are not the only links to the **FEMA** web site. There's plenty of

information throughout the site that may apply to your specific situation.

We've heard from several sources that you'll get a quicker response from **FEMA** if you apply for assistance directly online through their web site. The reason seems to be that you don't have to wait for someone else at another office to enter your information into their databases. You enter it yourself online. By directly submitting this important information online, you stand a better chance of receiving a quicker response from **FEMA**. Please make sure to follow all instructions and seek assistance according to your specific situation.

FEMA Home Page: <http://www.fema.gov/>

Disaster Assistance – Frequently Asked Questions: <http://www.fema.gov/rrr/dafaq.shtm/>

Disaster Assistance Process for Individuals and Families: <http://www.fema.gov/about/process/>

Is Disaster Help Available if You Have Insurance? http://www.fema.gov/about/process/dhelp_insurance.shtm

What Information is Needed When You Apply Through FEMA?
http://www.fema.gov/about/process/apply_for_assistance.shtm

Apply Online to the Online Individual Assistance Center: <http://www.fema.gov/register.shtm>

Apply by Phone:
Call 1-800-621-FEMA (3362)
Call TTY 1-800-462-7585 for people with speech or hearing disabilities.

E-MAIL ADDRESSES

Response from our membership has been very positive regarding these weekly **Field Post** messages. We want to reach as many people as possible with this communication tool and soon plan to call everyone in our database whose e-mail address is not listed. If you know of a member who recently got online, make sure you get their e-mail address and send it to us. We'll update their record with the e-mail address and also subscribe them to the **Field Post**.

Stay Safe!

Mark Rayner
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Louisiana Senior Olympic Games

<http://www.LSOG.net>

800-799-8309

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