

Field Post Number 6 – October 6, 2005

To: Members, Friends and Supporters of the Louisiana Senior Olympic Games (LSOG)

From: Mark Rayner – LSOG Executive Director

This would have been our busiest week of the year if the **2005 State Games** had not been cancelled after **Hurricane Katrina**. Despite the change in plans **Louisiana Senior Olympians** haven't slowed down. They're still maintaining **active lifestyles** as you'll see in the following articles.

Good Timing!

Thanks again to **Gail Ezelle, Executive Director of the Arkansas Senior Olympics**, who was kind enough to waive the \$35 out-of-state fee for Louisiana residents after hearing that our state games were cancelled following **Hurricane Katrina**. **John and Louise Webb** called us and said they headed up to the **Arkansas Senior Olympics** two days before **Hurricane Rita** came to Louisiana. The Webbs fortunately made room reservations back in July and had a place to stay during the games since hotel space was scarce following the first hurricane. John said he and Louise brought **four gold medals, three silver medals and one bronze medal** back home to Louisiana.

We spoke to Gail shortly after her **Arkansas Senior Olympics**. Although attendance was slightly lower than last year she said the games were very successful. She said several other Louisiana residents were registered for her games but changed plans as **Hurricane Rita** approached Louisiana. Congratulations to **John and Louise Webb** and all other medal winners in the **Arkansas Senior Olympics!**

Trent Lane – GeezerJock of the Year Nominee!

The **Michelob Ultra GeezerJock of the Year** award program is currently accepting votes to celebrate the best 40-and-over athletes in the world. **Trent Lane**, one of the **LSOG's** members, from **Baker, LA**, is a nominee in the men's **80+ category!**

Make Trent and the LSOG proud by casting your vote for him at www.geezerjock.com/vote.

The winners of the **Michelob Ultra GeezerJock of the Year** awards will be announced in the winter edition of **GeezerJock, the Masters Sports & Fitness Magazine**. The write-up in www.GeezerJock.com had this to say about Trent: ***“After a 75-year layoff, Lane, 95, returned to track and field and shattered National Senior Games’ age group records in the shotput, javelin and discus. For those 75 years, he stayed in shape by working on his farm. He threw the javelin 68 feet and 3 inches, the shotput 20 feet and 4 inches and the discus 52 feet and 2 inches.”***

Blue Cross Commercials

We mentioned two weeks ago that **14 LSOG members** answered the call to appear in a TV commercial. Watch your TV now to see our new stars! **BlueCross BlueShield**, one of our **LSOG sponsors**, asked us to provide “senior” talent for the commercials. The commercials began running throughout various TV markets in Louisiana on October 1. Our athletes, and now “**TV stars**,” are: **John Bartle, Millie Coleman, Margaret Holmes, Nick and Mary Lawless, Richard Martin, E.J. Putman, Anna Sanders, JoPaul Steiner, Charlie and Corney Welsh, Georgia Lee Williams, Gene and Virginia Worley**. We’re in the process of obtaining clips of the commercials and will notify you once they are on our Web site.

2006 State Games

While the cancellation of the **2005 State Games** has been a disappointment to us all, we should count our blessings and look forward to next year. 2006 will be a qualifying year for athletes to compete in state games in order to qualify for the **2007 Summer National Senior Games – The Senior Olympics in Louisville, KY**. We expect a big attendance and hope everyone stays healthy and will be ready to compete for their new “**personal best**” records in 2006. We’ll keep you informed as the 2006 schedule develops.

Stay Active and Healthy!

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