

# Bayou-River District Senior Olympic Games

2009

## BAYOU-RIVER DISTRICT SENIOR OLYMPIC GAMES

Assumption, St. John, St. James, St Charles, LaFourche, Terrebonne

**MARCH 31 – MAY 16**

**Registration Deadline: MARCH 13, 2009**

**Qualifying site for the 2009 Louisiana Senior Olympic Games for the following sports:**  
Bowling Singles, Dance Team, Discus, Horseshoes Advanced,  
Javelin, Shot Put, Shuffleboard Advanced



**Louisiana Senior Olympic Games**  
PO Box 14748  
Baton Rouge, LA 70898  
(225) 925-1748 (800)799-8309  
[www.lsog.net](http://www.lsog.net)

### COORDINATING AGENCIES

Assumption, Lafourche, St, Charles, St. James, St. John, & Terrebonne Council On Aging's, RSVP and Recreation Departments

**REGISTRATION:** Return the attached Entry Form, payment, and signed waiver by the MARCH 13, 2009 DEADLINE.

Make checks PAYABLE to: Bayou River Senior Games

**ENTRY FEES:** \$15.00 per participant for three **Medal Sports** (includes all ribbon events)

Additional Fees:

- Additional **Medal Sports** - \$3.00 EACH
- Bowling \$6.00 each (singles+doubles+mixed)
- On-site late registration( Track & field only) -\$5

**NO ON SITE REGISTRATION FOR BRACKET EVENTS**

**ELIGIBILITY:** Any person 50 years or older as of December 31, 2009.

**AGE GROUPS:** 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90+ Competition age is determined by age as of Dec 31, 2009. Age group for doubles & mixed doubles is determined by age of youngest member.

**EQUIPMENT:** BRING YOUR OWN LAWN CHAIRS

**EVENT SELECTION:** It is the responsibility of the participant to carefully select events considering possible conflicting competition times. **EVENT START TIMES WILL BE STRICTLY ENFORCED.** Athletes **WILL BE SCRATCHED** if not available after being called 3 TIMES.

**MEALS:** Meals will be provided at some sites. Please call the Site Coordinator to check about meals.

**CANCELLATIONS / POSTPONEMENTS:** Game Officials reserve the right to cancel or postpone events due to inclement weather or unusual/extenuating circumstances. Rain dates will be announced if necessary.

**DISTRICT GAMES** are designed to make available additional competition in athletic events already being held at the state level. Athletes must qualify to compete in one of the 2009 State Games in the following events: Bowling Singles (top 3 scratch score places); Advanced Shuffleboard, Advanced Horseshoes, Table Tennis, Discus, Javelin, Shot Put (top 2 places). Athletes may also qualify by meeting minimum qualifying standards for each sport. If you are not a member of LSOG, you will need to call for your STATE GAMES REGISTRATION FORM. WE ENCOURAGE ALL SENIORS TO JOIN!!!!!!!

For information on joining the LSOG or attending the State Games to be held in 2009, contact your local District Games Coordinator at:

**St Charles Recreation Department**  
**985-783-5090**

or

**Louisiana Senior Olympic Games**  
**PO Box 14748**

**Baton Rouge, LA 70898**

**225-925-1748**

**800-799-8309**

**Fax: 225-925-3553**

**KEEP THIS SCHEDULE 2009 BAYOU RIVER GAMES KEEP THIS SCHEDULE**

**FRIDAY, MARCH 31, 2009 / BAYOU L'OURSE-RECREATION 1213 HWY 662 (985-518-2529)**

<b>REGISTRATION</b>	<b>8:00AM</b>	
<b>WASHER PITCH</b>	START TIME: 8:30AM	ALL AGES
<b>CHARMIN TOSS</b>	START TIME: 8:30AM	ALL AGES
<b>BEAN BAG TOSS</b>	START TIME: 8:30AM	ALL AGES
<b>BALLOON BURST</b>	CHECK-IN AT 11:30AM – END 12:30PM	ALL AGES

**TUESDAY, APRIL 14, 2009 / DESTREHAN HIGH SCHOOL**

<b>REGISTRATION</b>	<b>8:30AM</b>		
<b>FIELD DISCUS</b>	FEMALE 50-69 9:30AM	FEMALE 70+ 10:15AM	MALE ALL AGES 11AM
<b>FIELD JAVELIN</b>	FEMALE 50-69 10:15AM	FEMALE 70+ 11:00AM	MALE ALL AGES 9:30AM
<b>FIELD SHOTPUT</b>	FEMALE 50-69 11:00AM	FEMALE 70+ 9:30AM	MALE ALL AGES 10:15AM
<b>TRACK</b>	50M DASH, 100M SPRINT, 800M RACEWALK, 800M RUN, 200M RUN, 1500M RACEWALK, 400M RUN, 1500M RUN - STARTING AT 9:00AM		
<b>WALKATHON</b>	START AT NOON ALL AGES		
<b>SHUFFLEBOARD</b>	REGISTRATION STARTS AT 1PM – EVENT BEGINS AT 1:30PM		

**WEDNESDAY, APRIL 15, 2009 / ST. JAMES PAULINA PARK - 3360 SUGAR HOUSE STREET**

<b>REGISTRATION</b>	<b>8:30AM</b>	
<b>SOFTBALL ACCURACY</b>	9:30AM – 12PM	ALL AGES
<b>FOOTBALL ACCURACY</b>	9:30AM – 12PM	ALL AGES
<b>SOFTBALL DISTANCE</b>	10:00AM – 12:30PM	ALL AGES

**THURSDAY, APRIL 16, 2009 / LANDRY GYM HAHNVILLE (NEXT TO COURTHOUSE)**

<b>HORSESHOES</b>	CHECK-IN 8:30AM - START AT 9:00AM	ALL AGES
<b>BASKETBALL FREE THROW</b>	CHECK-IN 8:30AM - START AT 9:00AM	ALL AGES
<b>TABLE TENNIS</b>	CHECK-IN 12:00PM - START AT 12:30PM	ALL AGES

**FRIDAY, APRIL 17, 2009 / CREOLE LANES - HOUMA**

<b>BOWLING DOUBLES</b>	CHECK-IN 8:30AM – START AT 9AM
<b>BOWLING MIXED DOUBLES</b>	CHECK-IN 12:00PM – START AT 1PM

**SATURDAY, APRIL 18, 2009 / CREOLE LANES - HOUMA**

<b>BOWLING SINGLES</b>	CHECK-IN 8:30AM - START AT 9AM
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**WEDNESDAY, APRIL 29, 2009 / HOUMA MUNICIPAL AUDITORIUM – 800 VERRETT ST**

<b>START TIME:</b>	9:30AM	BANQUET & DANCE START AT 11:00AM
<b>ARTS &amp; CRAFTS</b>	9:30AM CHECK-IN - JUDGING TO START AT 10:00AM	
<b>DANCE TEAM</b>	CHECK-IN 11:00AM	
<b>BAKING CONTEST</b>	9:30AM	

**SATURDAY, MAY 16, 2009 / LAPLACE GYM**

<b>PICKLEBALL</b>	CHECK-IN 8:30AM - START AT 9AM	ALL AGES
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**REMEMBER TO CHECK-IN ON TIME AT ASSIGNED LOCATION**

# **BAYOU-RIVER DISTRICT SENIOR OLYMPIC GAMES GOVERNING BOARD MEMBERS**

## **ASSUMPTION COA**

P.O. Box 310  
Napoleonville, LA 70380  
985-369-7961 Angela Young  
985-252-9939 Sylvia Coupel  
985-631-9777 Elsie Landry

**ST. CHARLES  
RECREATION**  
P.O. Box 9  
Luling, LA 70070  
985-783-5090  
Theresa Theriot  
Buddy Graver  
Bill Elrod

**ST. JAMES COA**  
13172 Willow St  
Vacherie, LA 70090  
225-265-2313  
225-562-2299  
225-869-5425  
Loyce Wallace  
Jamie Chenier  
Marlene Blank

## **LAFOURCHE COA**

P.O. Box 500  
Raceland, LA 70394  
985-537-3446  
Charlene Rodrigue  
Jan Robinson

**ST. CHARLES RSVP**  
107 Maryland Dr, Suite B  
Luling, LA 70070  
985-785-1037  
Fay Caire  
Sandra Hawkins  
Carolyn Louviere

## **ST. CHARLES COA**

626 Pine St. Suite A  
Hahnville, LA 70057  
985-785-6683  
Stephanie Boudreaux

**ST. JOHN COA**  
1085 W. Airline  
LaPlace, LA 70068  
985-479-0272  
Cheryl Parquet  
Edwina Belvin  
Errol Manuel

## **TERREBONNE COA**

168 Hwy 311  
Schriever, LA 70395  
985-493-9911  
Brenda Gibbens  
Jim Crowley

**Bayou River District Senior Olympic Games  
P.O. Box 9  
Luling, LA 70070**

# BAYOU-RIVER DISTRICT SENIOR OLYMPIC GAMES

Registration Deadline: March 13, 2009

Mail entry form with signed waiver and entry fees to:

107 Maryland Drive , Suite B, Luling, LA 70070

Make checks payable to: *BAYOU-RIVER DISTRICT SENIOR GAMES*

**ANY QUESTIONS, CALL 985-783-5090**

**OFFICE USE ONLY: SEX \_\_\_\_\_ AGE \_\_\_\_\_ PARISH \_\_\_\_\_**

Name: \_\_\_\_\_  
Last First MI

Name most often used: \_\_\_\_\_ Sex: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Parish: \_\_\_\_\_ Telephone: (\_\_\_\_\_) \_\_\_\_\_

REMEMBER!!!!CIRCLE EACH EVENT IN WHICH YOU WISH TO PARTICIPATE & LIST PARTNER

## MEDAL SPORTS

### DANCE TEAM \*

### TABLE TENNIS -\*

Legal Serve Required

### BOWLING \*

\$6.00 each event:

Singles \* (Qualifying Event)

Doubles Partner \_\_\_\_\_

Mixed Partner \_\_\_\_\_

### HORSESHOES\*

### SHUFFLEBOARD\*

Singles Only

### WASHER PITCH

### FIELD EVENTS:

Discus \*

Javelin \*

Shot put\*

### ACCURACY THROWS:

Basketball Freethrow

Football Accuracy

Softball Accuracy

Softball Distance

### TRACK:

Circle events:

50m Dash

100m Sprint

800m Race Walk

800m Run

200m Run

1500 Race Walk

400m Run

1500m run

1 mile Walkathon

### PICKLEBALL DOUBLES

Doubles Partner

\_\_\_\_\_

\_\_\_\_\_

Mixed Doubles Partner

\_\_\_\_\_

\_\_\_\_\_

## RIBBON EVENTS

BALLOON BURST

BEANBAG TOSS

CHARMIN TOSS

**ARTS & CRAFTS: (LIMIT 3 ENTRIES PER PERSON WITH 1 ENTRY PER CATEGORY)**

These are the only categories we will accept!

Entries must be created by YOU within the last year.

Oil Painting Water Color

Painting Pen

Pen & Ink Sketching

Photography Knitting/Crochet

Quilting Tatting

Crewel/Cross Stitch Needlepoint

Embroidery Sewing

Ceramics Doll Making

Woodcarving Stained Glass

Wood Crafts Jewelry

**BAKING ITEMS: (Please bring recipes. These desserts will be served at the event)**

Candy Cakes

Desserts Pies

Breads

**\*Qualifying events for Louisiana State Senior Olympic Games**

# PARTICIPANT WAIVER & MODEL RELEASE SIGN BELOW

In consideration of being allowed to participate in any way in the Louisiana Senior Olympic Games program, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. The risk of injury from the activities involved in these programs is significant, including the potential for permanent disability and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury to me does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If I observe any unusual significant concern in my readiness for participation and/or in the program itself, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
4. I, for myself and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY RELEASE the Louisiana Senior Olympic Games Inc, its officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of the premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property incident to my involvement or participation these programs, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.
5. I, for myself and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY INDEMNIFY AND HOLD HARMLESS all the above Releasees from any and all liabilities incident to my involvement or participation in these programs, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law.

I, the undersigned participant, grant to the Louisiana Senior Olympic Games, Inc. the right to use any pictures taken of me during the Louisiana Senior Olympic Games without my remuneration and in any medium the photographer/staff sees fit for art, advertisement, exhibition, editorial, or any purpose whatsoever.

**I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.**

**SIGNATURE** \_\_\_\_\_ **Date** \_\_\_\_\_

**EMERGENCY CONTACT:** Name \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

**ENTRY FEES:** must be sent with this form-make checks payable to: **BAYOU RIVER DISTRICT SR OLYMPICS**

<b>ENTRY FEE. . . . .</b>	<b>\$15</b>	<b>\$</b> _____
<b>Includes 3 medal events and all ribbon events</b>		
<b>Additional Medal events \$3 per event</b>		<b>\$</b> _____
<b>Additional Fee for Bowling. . . . .</b>	<b>\$6.00 each event</b>	<b>\$</b> _____
<b>On-site registration for track and field - \$5</b>		<b>\$</b> _____
<b>TOTAL ENCLOSED</b>		<b>\$</b> _____

I have checked the event entries on this form and verify that they are correct. I have also signed the liability waiver. I understand there are **NO REFUNDS** or **SUBSTITUTIONS**. **ALL FEES ARE ENCLOSED.**

**SIGN** \_\_\_\_\_ **Date** \_\_\_\_\_