

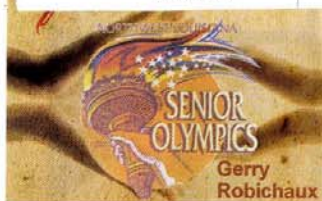
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The Best Of Times

Shreveport, LA

Monthly
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April 2008



Northwest Louisiana Senior Olympics Celebrates "Sweet 16"

by the track and field competition May 17 at Bossier High School track.

A Senior Health Fair May 7 in Bossier Civic Center will act as the official opening ceremony for the Senior Olympics. The Fair is conducted in conjunction with *The Best of Times* magazine.

Local competition in golf, discus, shot put, javelin, table tennis, shuffleboard, bowling singles, team dance and horse shoes acts as qualifying for the Louisiana Senior Olympic Games in Baton Rouge later in the year.

"I'd encourage anyone to get involved in Senior Olympics," said Bertie Smith, a 77-year-old track participant from Haughton. "You don't have to be an accomplished athlete to enjoy the games. They provide fun and fellowship. And there is just about something for everyone, from table games to track, bowling, golf or table tennis."

Modification in the golf tournament will

include a four-player scramble. Golfers can opt for that or for a try at a qualifying score for the state competition.

Entry forms are available at the parish councils on aging, at Caddo and Bossier parish library branches, at YMCA branches and at selected sporting goods stores. They are also available at www.nwlsog.org, the district's website. These forms also include a complete schedule and participant information.

Schedule for 2008 NWLA District Senior Olympics

(Entries should be sent in by April 21. Entries sent after that date will be subject to availability.)

April 11 - Senior Residence Bean Bag Baseball 9 a.m. @Southern Hills, 1002 Bert Kouns Industrial Loop, Shreveport.

April 18 - Senior Residence Washer Pitch 9 a.m. @Southern Hills, 1002 Bert Kouns

Industrial Loop, Shreveport.

April 25 - Golf, 8 a.m., Meadowlake CC, 5730 Meadowlake CC Road, Keithville. \$30.00 additional facility fee applies.

April 26 - Bean Bag Baseball Opening Games, 9 a.m. K.C. Hall, 5400 East Texas, Bossier City.

April 27 - Biking Time Trials, 5K and 10K, 2 p.m., Crossroads of Ellerbe Road and Friarson Road, Shreveport.

May 1 - Bocce Ball, 9 a.m., Betty Virginia Park, 3901 Fairfield Ave., Shreveport.

May 5 - Washer Pitch, 9 a.m., Cypress Baptist Church, 4701 Palmetto Road, Bossier City.

May 7 - Senior Health Fair and Opening Ceremonies 9 a.m., Bossier Civic Center, 620 Benton Rd., Bossier City. Note: Arts & Crafts voting from 9 a.m. to noon. Awards and Final Prize Drawings 3 p.m.

- Dance Team 9:30 a.m.
- Accuracy Throws 10 a.m.
- Darts 10 a.m.
- Senior Residence Beanbag Finals 10 a.m.

• Bean Bag Baseball Finals 1 p.m.
May 8 - Marksmanship, 9 a.m. Shooters

USA 357 Magnum Drive, Bossier City. 22 rifles and pistols. Use own weapons.

May 8 - Miniature Golf, 6:30 p.m. at Party Central, 4401 Viking Drive in Bossier City. \$3.50 facility fee.

May 9 - Chess, 8:30 a.m., Randle T. Moore Center, 3101 Fairfield Avenue, Shreveport.

May 9 - Bowling Mixed Doubles, 1



p.m. All Star Lanes, 9130 Mansfield Road, Shreveport. \$6.00 facility fee.

May 9 - Table Tennis, 5:30 p.m., Parkview Baptist Church, 2307 Samford Avenue, Shreveport.

May 10 - Horseshoes, Recreation 8 a.m.,

Advanced 9 a.m. KC Hall, 5400 E. Texas, Bossier City.

May 10 - Red Neck Golf, 10 a.m., KC Hall, 5400 E. Texas, Bossier City.

May 12 - Shuffleboard Singles, 8 a.m. Advanced, Bossier Civic Center, 620 Benton Road, Bossier City.

May 13 - Shuffleboard Doubles, 8 a.m. Bossier Civic Center, 620 Benton Road, Bossier City.

May 14 - Bowling Doubles, 1 p.m., All Star Lanes, 9130 Mansfield Road, Shreveport. \$6.00 facility fee applies.

May 15 - Table Games (Skipbo, Pinochle, Dominos, Phase 10, Checkers), 9 a.m. BCOA, 710 Bearkat Drive, Bossier City.

May 16 - Recreation Walk, 9 a.m. Southern Hills Park, 1002 Bert Kouns Loop, Shreveport.

May 16 - Bowling Singles, 1 p.m. All Star Lanes 9130 Mansfield Road, Shreveport. \$6.00 facility fee applies.

May 17 - Track and Field, 8:30 a.m. Bossier High Field, 777 Bearkat Drive, Bossier City.

May 17 - Celebration of Athletes, 6 p.m. Southern Hills gym, 1002 Bert Kouns Loop, Shreveport.