

# Louisiana Senior Olympic Games Rules

## **SPORTS GOVERNING BODIES**

The sports rules described in this rule book are established by the Games Committee of the Louisiana Senior Olympic Games. These rules are in compliance with the published rules of the National Senior Games Association (formerly the U S National Senior Sports Organization.) The LSOG Rule Book refers to the rules of the recognized governing body for a particular sport. The LSOG rules are intended to highlight the most important rules and/or list modifications which are used at official LSOG games for safety and play enhancement. Listed below are the addresses of the recognized governing bodies referred to throughout the book. These may be ordered for nominal fees.

### **LOUISIANA SENIOR OLYMPIC GAMES, INC. (LSOG)**

P O Box 14748  
Baton Rouge, LA 70898-4748  
(225) 925-1748

### **NATIONAL SENIOR GAMES ASSOCIATION (NSGA)**

P.O. BOX 82059  
Baton Rouge, La 70884-2059  
(225) 766-6800

#### **ARCHERY**

National Archery Association  
One Olympic Plaza  
Colorado Springs, CO 80909-5778  
(719) 578-4576

#### **BADMINTON**

U S Badminton Association  
One Olympic Plaza  
Colorado Springs, CO 80909-5778  
(719) 578-4808

#### **BASKETBALL**

NCAA  
6201 College Blvd.  
Overland Park, KS 66211-2422  
(913) 339-1906

#### **BILLIARDS**

Billiard Congress of America  
9 S. Linn Street  
Iowa City, Iowa 52240  
(319) 351-2112

#### **BOWLING**

American Bowling Congress  
5301 S. 76th Street  
Greendale, WI 53129  
(414) 421-9000

## Louisiana Senior Olympic Games Rules

### **CYCLING**

U S A Cycling  
One Olympic Plaza  
Colorado Springs, CO 80909  
(719) 578-4581

### **GOLF**

U S Golf Association (USGA)  
Golf House  
P O Box 708  
Far Hills, NJ 07931  
(908) 234-2300

### **HORSESHOES**

National Horseshoe Pitchers Association  
P O Box 7927  
Columbus, OH 43207  
(614) 444-8510

### **RACQUETBALL**

American Amateur Racquetball  
Association  
1685 West Uintah St.  
Colorado Springs, CO 80904  
(719) 635-5396, ext. 20

### **SHUFFLEBOARD**

National Shuffleboard Association  
*Winter Address*  
704 52nd Avenue Drive West  
Brandenton, FL 34207  
(813) 753-9061  
*Summer Address*  
2508 Westmoor Rd  
Findlay, OH 45840  
(419) 422-7263

### **SHOOTING**

NRA Publications  
470 Spring Park Place  
Suite 1000  
Herndon, Virginia 22070  
(703) 481-3340

### **SOFTBALL**

Amateur Softball Association 2801 NE  
50th Street  
Oklahoma City, OK 73111  
(405) 424-5266

### **SWIMMING**

U S Masters Swimming, Inc  
261 High Riange Rd  
Londonderry, NH 03053-2616  
(603) 537-0203

### **TABLE TENNIS**

U S Table Tennis Association One  
Olympic Plaza  
Colorado Springs, CO 80909  
(719) 578-4583

### **TENNIS**

U S Tennis Association (USTA)  
Publications Department  
70 West Red Oak Lane  
White Plains, NY 10604  
(914) 696-7000

### **TRACK, FIELD, ROAD RACE**

USA Track & Field  
One RCA Dome, Suite 140  
Indianapolis, IN 46225  
(317) 261-0500

## **Louisiana Senior Olympic Games Rules**

### **TRIATHLON**

Triathlon Federation/USA  
3595 E Fountain Blvd, Ste F-1  
Colorado Springs, CO 80910  
(719) 597-9090

### **VOLLEYBALL**

U S Volleyball Association  
3595 E Fountain Blvd, Ste I-2  
Colorado Springs, CO  
80910-1740  
(719) 637-8300